

Nicosia, 15 January 2026

**To: All Members**

**Subject: Invitation to the upcoming event “Women in Leadership Series – Breaking Barriers Series: Strong Enough to Break”**

The Cyprus Chamber of Commerce and Industry is pleased to invite you to the upcoming event **“Women in Leadership Series – Breaking Barriers: *Strong Enough to Break*,”** organised by **ICC Cyprus Women**. The event will take place on **Wednesday, 28 January 2026**, from **18:00 to 21:00**, at the premises of **Kendris Cyprus Ltd**, 50 Spyrou Kyprianou Avenue, Irida Tower 3, 12th Floor, 6057 Larnaca.

This **keynote-workshop** will be delivered by **Raluca Ioana Man**, strategist and board advisor, who challenges traditional notions of strength and leadership. The session is highly practical and explores a powerful question: ***What if real strength is not about holding everything together, but about knowing what must be broken?***

Through seven **deliberate “Breaks,”** the speaker examines how silence, over-preparation, self-discounting, guilt, and outdated rules quietly limit growth. Moving beyond empowerment clichés, the session offers clarity, reflection, and practical insight, inviting participants to redefine strength as evolution rather than endurance. Participants can expect a thought-provoking experience that disrupts familiar thinking, challenges comfort zones, and provides practical tools for leading differently.

To secure your place, please complete the registration form [HERE](#).

Sincerely,

Loukas Lingis  
Officer  
International Relations & Economic Diplomacy  
Cyprus Chamber of Commerce and Industry

**WOMEN IN LEADERSHIP**  
**BREAKING BARRIERS SERIES**



# STRONG ENOUGH TO **BREAK**



Cyprus  
Chamber of  
Commerce &  
Industry



**SPEAKER**

**Raluca Ioana Man**

*Strategic Business Advisor,  
Founder RSEVEN LTD and BSA*

***What if real strength isn't about holding everything together, but about knowing what must be broken?***

*In this keynote-workshop, strategist and board advisor Raluca Ioana Man challenges outdated ideas of strength and leadership. Through seven deliberate "Breaks," she explores how silence, over-preparation, self-discounting, guilt, and old rules quietly limit growth. This session replaces empowerment clichés with clarity, reflection, and practical insight, inviting participants to redefine strength as evolution, not endurance.*

**JANUARY 28**

**Wednesday 18:00–21:00**

**REGISTER NOW**

**KENDRIS (Cyprus) Ltd**

*50 Spyrou Kyprianou Avenue, Irida Tower 3, 6057 Larnaca (12th floor)*